CLAIMS

What is claimed is:

1. (currently amended) A mop, comprising:

a long handle, the long handle having an upper handle, a bow portion, and a lower handle, (the bow portion having two end) each of them having two ends, one end of the bow portion connects to a lower end of the upper handle and another end of the bow portion connects to an upper end of the lower handle; and

a mass of absorbent material, the mass of absorbent material being fixed on the lower end of the lower handle.

- 2. (previously presented) The mop of claim 1, further comprising a twisting part with an extension twisting handle.
- 3. (currently amended) The mop of claim 2, wherein a mass of absorbent material holder holds one end of the mass absorbent material.
- 4. (previously presented) The mop of claim 3, wherein a bow holder is disposed on the bow for easily turning.
- 5. (currently amended) The mop of claim 3, wherein a control button is disposed on the lower handle, (push the control button) wherely, the control button is pushed to release the twisting part.
- 6. canceled.